

Retreat Packing List

- Clothes for 2 days (include warm & rainy day clothes -- check the forecast!)

- Warm jacket or sweat shirt

- toiletries (inc. shampoo, soap, toothbrush, etc.)

- towel(s)

- medications, as needed

- sleeping bag OR twin-size bedding

- pillow

- hiking shoes (if interested in hiking)

- Bible

- phone charger (NOTE: no cell reception)

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